Augen's Weekend
Holiday

\$400 CI
+ flight

June 2nd-4th, 2012

whole body health



## Yoga with Danielle

5 yoga flow and restorative practices with carefully selected poses to detoxify the body and mind, obtaining whole body health.



## Hands on Cooking

Nourish your body from the inside out with whole foods. Cooking demonstrations & vegan/raw meals and snacks included.



## Casa Cassiopeia

Located on a secluded white sand beach, this is the ideal location to allow yourself to disconnect from the stresses of everyday life and indulge in the luxury of simplicity.

Accommodation included.



natural beauty treatments included: sugar scrubs, hydrating face masks & more!

Limited space available 345.938.1113 www.gentilcoreyoga.com